



Phi Lambda Sigma (PLS)

Beta Beta Chapter at UCSF

Information Session
November 28, 2022

Jeremy Lam

VP of Membership 2022-2023
VP of Communication 2021-2022

Past Leadership Roles:

COSA at UCSF: Project Coordinator for Project Brown Bag and Safe Medication Disposal

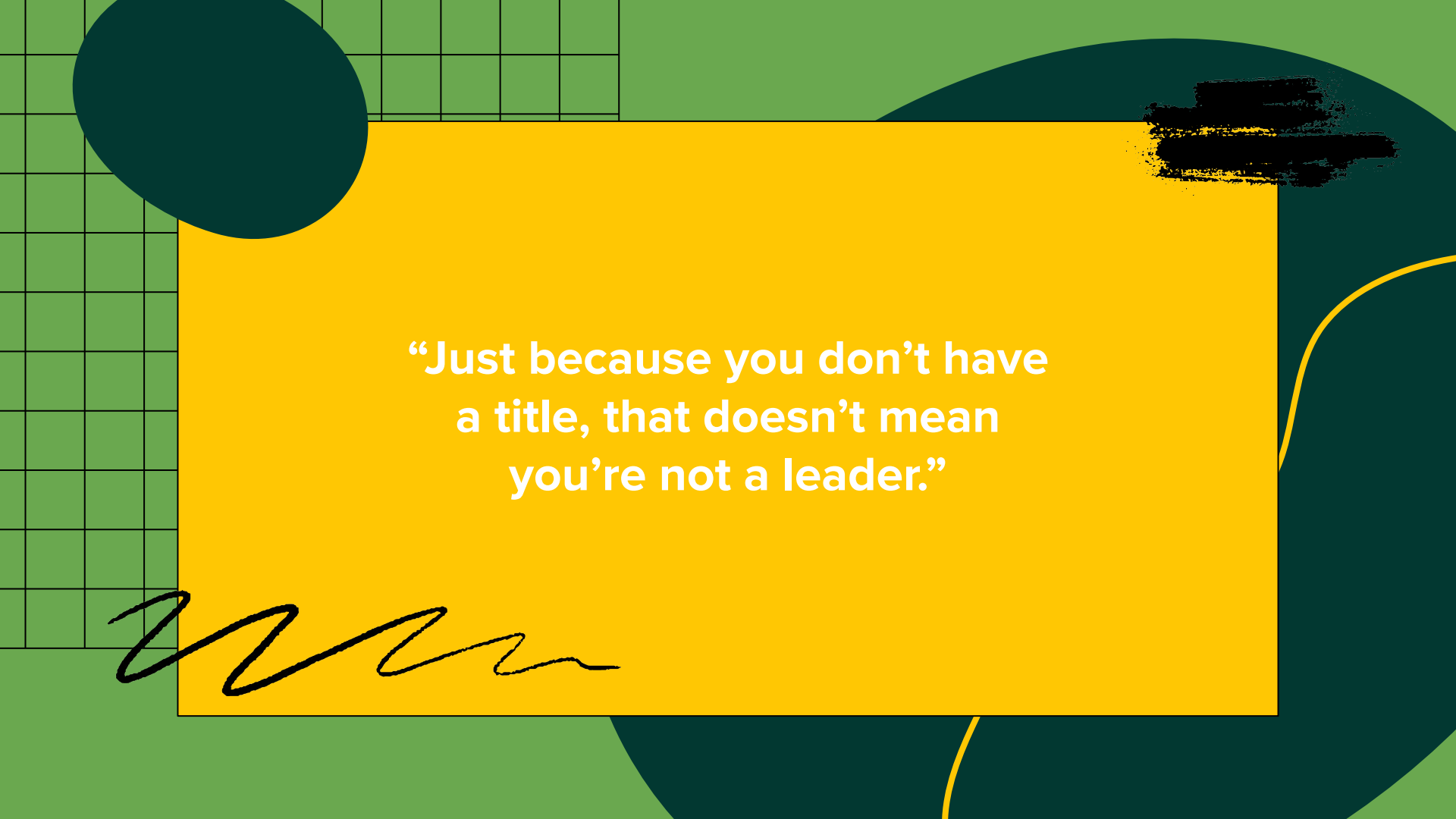
CSHP at UCSF: Secretary 2021-2022

STEP at UCSF: Co-Director 2021-2022, P1 Rep 2020-2021

GSA APPE Student Coordinator 2021-2023

Online Orientation Facilitator 2021-2022





**“Just because you don’t have
a title, that doesn’t mean
you’re not a leader.”**



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Agenda

1. Introduction

2. Membership Requirements

3. Application Process

4. Upcoming Events





Introduction to PLS

What is Phi Lambda Sigma?

The National Pharmacy Leadership Society

- Regions A-K (11 regions)
- **Region B:**
 - California Northstate University
 - Oregon State University
 - Pacific University - Oregon
 - Touro University - California
 - University of British Columbia, Vancouver
 - University of Pacific
 - University of Washington
 - Washington State University



History



1965



PLS founded at
Auburn University

1993



UCSF Beta Beta
Chapter

2022



138 chapters across
U.S. & Puerto Rico

2023



You join PLS

PLS Mission & Strategic Plan

Mission Statement:

Recognize leaders in the profession, cultivate leadership development, and inspire transformational change.

Vision Statement:

Empowering lifelong leaders to positively influence the profession of pharmacy.



What are PLS at UCSF's goals?



Goal 1

Availability of
pharmacy leaders



Goal 2

Leadership
accomplishments



Goal 3

Leadership and
networking skills



Goal 4

Continue
commitment to
leadership



At UCSF



Who's in PLS at UCSF?



Students

39 student members
from 2022 & 2023



Faculty

44 active faculty
members



Alumni

124 active alumni
members



Honorary

Non-pharmacy
members



Mitchell Muskat
Wellness Chair



Sukh Kaur
Alumni-Relations Chair



Wesley Nguyen
VP of Professional Affairs



Joshua Chin
VP of Communications



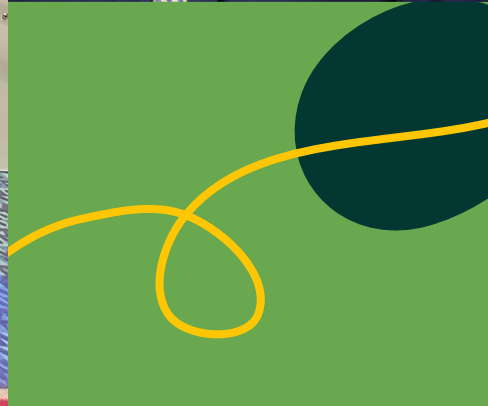
Gordon Mah
VP of Finances

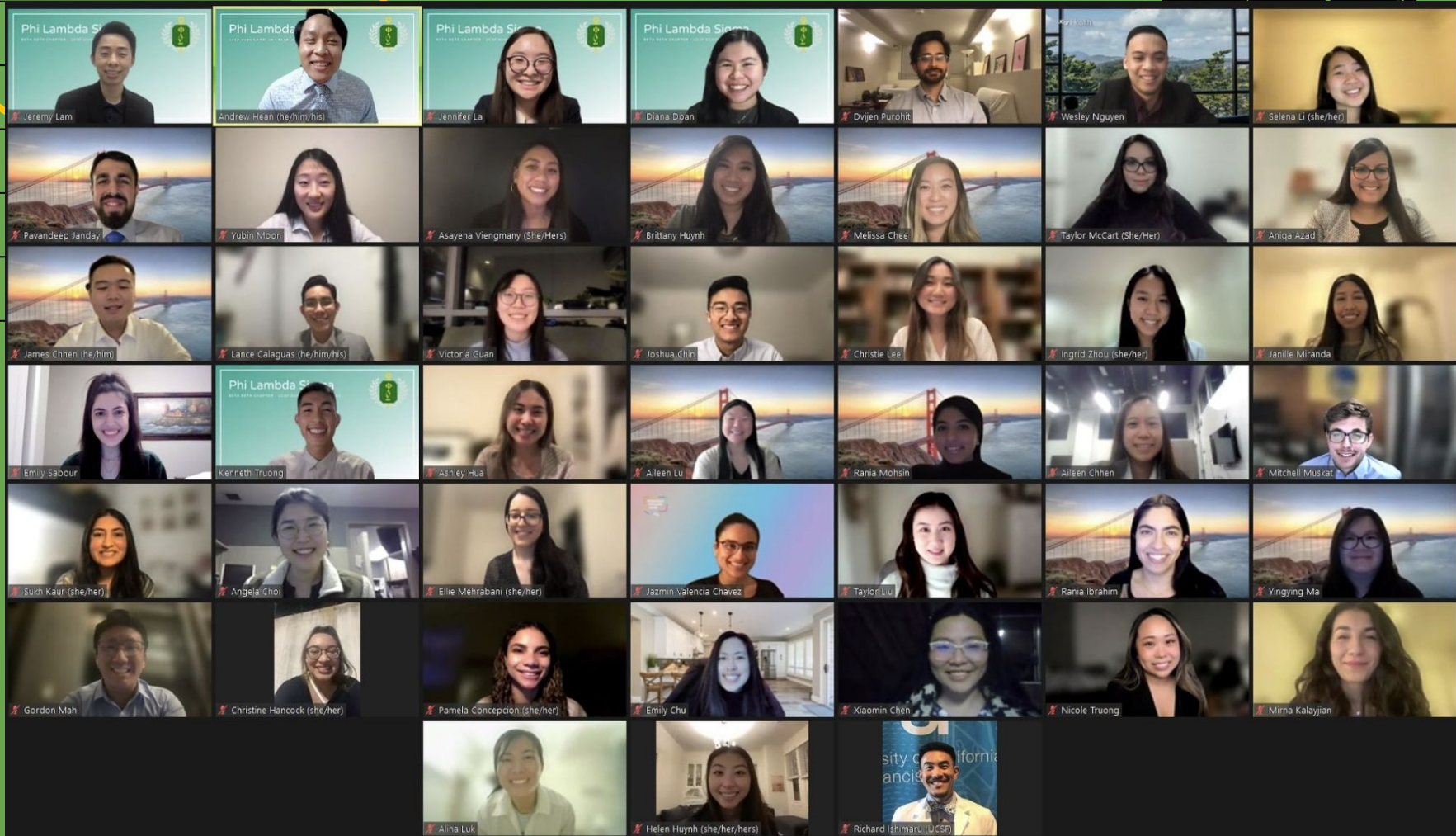


Dvijen Purohit
President



Emily Sabour
VP of Social Affairs





PLS at UCSF



**Resume
Review Clinic**



**PLS Alumni
Q&A Panel**



P3 CV Match



**APPE Student
Wiki**




**Letter of Intent
Workshop**



and more!



Why Phi Lambda Sigma?

- Leadership development; continuous self-growth
 - Opportunity to be recognized by your peers
 - Start giving back to future pharmacists
 - Great way to stay involved in student life
 - Connect with and learn from faculty, alumni, and leaders
 - **Member-exclusive programming**
 - Mentorship Program
 - Bi-Quarterly Care Packages
 - LinkedIn Group
 - Letter of Intent Review Clinic
- 



Membership Requirements

Major Requirements



≥ 2 PLS events

- APPE students exempted



\$175

- One-time payment
- Before induction banquet



Member Duties

- Selection of next cohort

Graduation Cord
Model: Jennifer La





Application Process



Membership Eligibility

- P1s, P2s, and P3s are all eligible to apply
 - Must be in good academic standing
 - Prospective inductees must comply with the PLS National Bylaws:
 - “...shall be **actively involved** in advancing the profession of pharmacy through demonstrated leadership in local, state, and national professional pharmacy organizations.
 - They shall possess a high degree of professionalism upon entrance to the society, as well as the capability to **maintain this professionalism** throughout their membership in the society.”
- 

Application Process

01

Essay Questions

3 short essay questions
(300-500 words max)

02

Leadership Activities

Description of leadership activities


03

Peer Recognition

1 peer recommendation letter from non-PLS peer

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Unofficial Ways to Show Leadership

1. Take responsibility
 2. Include other people
 3. Speak up
 4. Ask questions
 5. Deliver
- 
- A decorative swirl line and a dark circle are located in the bottom-right corner.

Application Process

For the 2022-2023 application cycle:

- Materials available by the morning of Wed, December 8th @7AM
- DEADLINE FOR ALL APPLICATION MATERIALS: Sunday, January 15th 11:59PM
- Application & letter from writer should be e-mailed to ucsfplsapplication@gmail.com
 - LOR Writer will email themselves

PLS Info Session:
In Progress

PLS App Release:
Wed., December 8th
@ 7 AM

Leadership Bonanza
Tues., December 7th
@ 7-9 PM

PLS Alumni Panel
Mon., December 12th
@ 6:30-8 PM

PLS App Deadline:
Sun., January 15th
@ 11:59 PM

Induction Banquet:
March 2023



Upcoming Events

Leadership Bonanza

- Hosted by Phi Lambda Sigma and ASSP
- **Tuesday, December 7th**, 7:00-9:00 PM over Zoom
- Learn about available & various leadership positions and opportunities
- Receive advice from faculty & students on choosing your leadership experience
 - Familiarize yourself with the board application process
 - Learn about the COSA project coordinator selection process
 - Speak with current officers during the breakout session

4th Annual Alumni/Faculty Night

- **Monday, December 12th, 6:30-8PM** over Zoom
- Q/A panel
- Come learn about the pharmacy career pathways and leadership experiences of **5 esteemed PLS alumni/faculty**
- Get insights on how you can grow in your current and future leadership roles
- **RSVP at the QR Code**



PLS AT UCSF

4TH ANNUAL ALUMNI NIGHT

Date: Monday, December 12th, 2022
Time: 6:30 PM - 8:00 PM
Location: Zoom
RSVP on Group Portal


Meet 5 esteemed PLS at UCSF alumni to learn about their pharmacy career pathways and leadership experiences





PLS Member Testimonies

“What have you gained from being a part of PLS?”

- “I’ve gained access to a network of incredible future leaders in the field of pharmacy.”
 - “Great mentors and an amazing support system!”
 - “I’ve gained more confidence in my leadership skills and connections with alumni who have provided me with invaluable advice and friendship!”
- 



Who's next in PLS?
YOU!



Thank you!

Any questions?

PLS at UCSF

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Board Member Contacts

President: Dvijen Purohit - dvijen.purohit@ucsf.edu

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Vice President of Communication: Joshua Chin - joshua.chin@ucsf.edu

Vice President of Finance: Gordon Mah - gordon.mah@ucsf.edu

Vice President of Social Affairs: Emily Sabour - emily.sabour@ucsf.edu

Vice President of Membership: Jeremy Lam - jeremy.lam@ucsf.edu

Alumni-Relations Chair: Sukh Kaur - sukhmanpreet.kaur@ucsf.edu

Wellness Chair: Mitchell Muskat - mitchell.muskat@ucsf.edu

*Interested in running for board? Come talk to us at Leadership Bonanza!